

# Course Agenda – July 2026

## The Burden of Noncommunicable Diseases

### Epidemiology of NCDs, Risk Factors and Preventive Strategies

#### Monday, 6 July 2026, 3.00 pm – 8.30 pm (GMT+6)

	15:00 - 15:30	Opening Session	BUHS & LMU
Lecture 1	15:45 - 17:15	Theoretical Foundations for NCDs & its Epidemiology	Assoc. Prof. Dr. Mithila Faruque
Lecture 2	17:30 - 19:00	Global Burden of Major NCDs	Dr. Md. Wahiduzzaman (WZ)
Lecture 3	19:15 - 20:30	Burden of Major NCDs & Risk Factors in the Developing Countries	Assoc. Prof. Natalia Oli

#### Tuesday, 7 July 2026 3.00 pm – 8.30 pm (GMT+6)

Lecture 4	15:00 - 16:30	Burden of Major NCDs in Developed Countries	Prof. Aziz Rahman
Lecture 5	16:45 - 18:45	Risk Factors of NCD	Dr. Md. Wahiduzzaman
	19:00 - 20:30	Group Activity I	PCB & WZ

#### Wednesday, 8 July 2026, 3.00 pm – 8.30 pm (GMT+6)

Lecture 6	15:00 - 16:30	Health Transition & NCDs	Palash Chandra Banik (PCB)
Lecture 7	16:45 - 18:15	Globalization & NCD Epidemic: A Global Health Perspective	Dr. Lingkan Barua (LB)
	18:30 - 20:30	Group Activity II	PCB & LB

*Additional Task:* Submission of Assignment 1

#### Thursday, 9 July 2026, 3.00 pm – 8.30 pm (GMT+6)

Lecture 8	15:00 - 16:30	Surveillance of NCDs	Prof. Saidur Rahman Mashreky
Lecture 9	16:45 - 18:15	Screening of NCDs	Assoc. Prof. Dr. Mithila Faruque (MF)

Lecture 10 18:30 - 20:00 Risk Assessment of NCDs

Dr. Lingkan Barua

**Friday, 10 July 2026, 3.00 pm – 8.30 pm (GMT+6)**

15:00 - 16:45 Group Activity III

MF & LB

Lecture 11 17:00 - 18:30 Gender Issues of NCDs

Palash Chandra Banik

Lecture 12 18:45 - 20:15 Nutritional Diversity & NCDs

Palash Chandra Banik

**Monday, 13 July 2026, 3.00 pm – 8.30 pm (GMT+6)**

Lecture 13 15:00 - 16:30 NCDs in Humanitarian Crisis

Dr. Lingkan Barua

Lecture 14 16:45 - 18:15 NCDs in High-risk Population

Dr. Lingkan Barua

18:30 - 20:30 Group Activity IV

LB & PCB

**Tuesday, 14 July 2026, 3.00 pm – 8.30 pm (GMT+6)**

Lecture 15 15:00 - 17:00 NCDs under the Landscape of Global Environmental Change

Assoc. Prof. Dr. Mithila Faruque

17:15 - 19:15 Group Activity V

MF & PCB

*Additional Task:* Submission of Assignment 2

**Wednesday, 15 July 2026, 3.00 pm – 8.30 pm (GMT+6)**

Lecture 16 15:00 - 16:30 Prevention & Control of NCDs I

Dr. Lingkan Barua

Lecture 17 16:45 - 18:30 Prevention & Control Strategy II (Best Buy Approach)

Palash Chandra Banik

Lecture 18 18:45 - 20:30 Prevention Strategy – an experience from a Developing Country

Hernán César Rios Escalier

**Thursday, 16 July 2026, 3.00 pm – 8.30 pm (GMT+6)**

Lecture 19 15:00 - 16:30 Prevention Strategy – an experience from a developed country

Prof. Aziz Rahman

Lecture 20 16:45 - 18:15 Prevention & Control – Global Policy and Strategy III

Assoc. Prof. Dr. Mithila Faruque

18:30- 20:30 Group Activity VI

MF & PCB

Additional Task: Submission of Assignment 3

**Friday, 17 July 2026, 3.00 pm – 8.30 pm (GMT+6)**

Lecture 21	15:00 - 16:30	Strengthening of Health System for combating NCDs using Digital Technology	Dr. Mohammad Shariful Islam
Lecture 22	16:45 - 18:15	Health System Challenges in LMIC	Assoc. Prof. Dr. Mithila Faruque
	18:30 - 20:30	Group Activity VII	MF & LB

**Final Course Assessment (18 – 22 July 2025)**

**Closing – 23 July 2025, 5:00 – 6:30 pm (GMT+6)**