

# THE PSY COURSE STUDY – FAIR LONGITUDINAL, MULTI-LEVEL GENOMIC AND PHENOMIC DATA FOR MACHINE LEARNING

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## INTRODUCTION

The integration of multiple levels of genetic information, longitudinal deep phenotyping, and machine learning holds promise to substantially increase our knowledge on mental disorders. However, well-annotated longitudinal datasets on comprehensively characterized individuals are rare. Also, the workload involved in pre-processing such large datasets can be substantial. Here, we present a phenotype dataset of the longitudinal PsyCourse Study (Budde et al., 2018), that has been extensively annotated and formatted for machine-learning analyses. Metadata of this dataset are publicly available (Heilbronner et al., 2020). Biological OMICS data are available for analyses (genomics, transcriptomics, proteomics, lipidomics) in subsets of participants (see below), these will be extended for additional cross-sectional and longitudinal analyses in the future.

## ABSTRACT

- The PsyCourse Study is a longitudinal investigation of the affective-to-psychotic spectrum, including healthy controls, that combines deep phenotyping and collection of DNA, RNA, plasma, and serum (qr\_1)
- Multiple OMICS datasets of PsyCourse participants already exist
- The PsyCourse phenotype dataset has been pre-formatted for machine learning analyses, and metadata are publicly available (qr\_2)
- Data can be accessed by submitting a short research proposal (qr\_3)
- We encourage researchers to collaborate with us!

## RESULTS

The framework of FAIR data (Wilkinson et al., 2016) describes a measurable set of principles that have been created to foster the re-use of scientific data (Figure 1). The PsyCourse dataset fulfills these criteria by being:

- *Findable* (public metadata),
- *Accessible* (via research proposals),
- *Interoperable* (available in wide and long format R files, also as a text file), and thus
- *Reusable*

For details, please refer to the PsyCourse Open Science website: [psycourse.de/openscience-en.html](http://psycourse.de/openscience-en.html).

## METHODS

The latest version of the phenotype dataset (PsyCourse 4.1) contains n=1,320 clinical (affective-to-psychotic spectrum) and n=466 control participants, who were assessed at the first of four planned study visits (visit 2: n=788/288, visit 3: n=661/280, visit 4: n=589/251), each separated by approximately six months. A comprehensive test battery surveying demographics, psychiatric history, medication, substance abuse, diagnosis, cognition, psychiatric rating scales, and several questionnaires, was assessed. At the time of writing, the following biological data exist: SNP array (n=1,446, all diagnoses and controls, PsychChip), epigenetics (n=96 bipolar disorder, two measurement points, EPIC array), exome sequencing (n=104, bipolar disorder), small-RNAome sequencing (n=1,322, first study visit, all diagnoses and controls), mRNA sequencing (n=538, first study visit, schizophrenia spectrum), plasma proteome profiling (n=220, multiple diagnoses and study visits), serum protein profiling (n= 222, multiple diagnoses and study visits), and lipidomics (n=242 bipolar, n=186 schizophrenia, n=192 controls, multiple study visits). Importantly, missing phenotype data, ubiquitous in longitudinal studies, have been re-coded to identify structurally missing data. Researchers can access the data by filling out a short research proposal (see URL in „Results“).

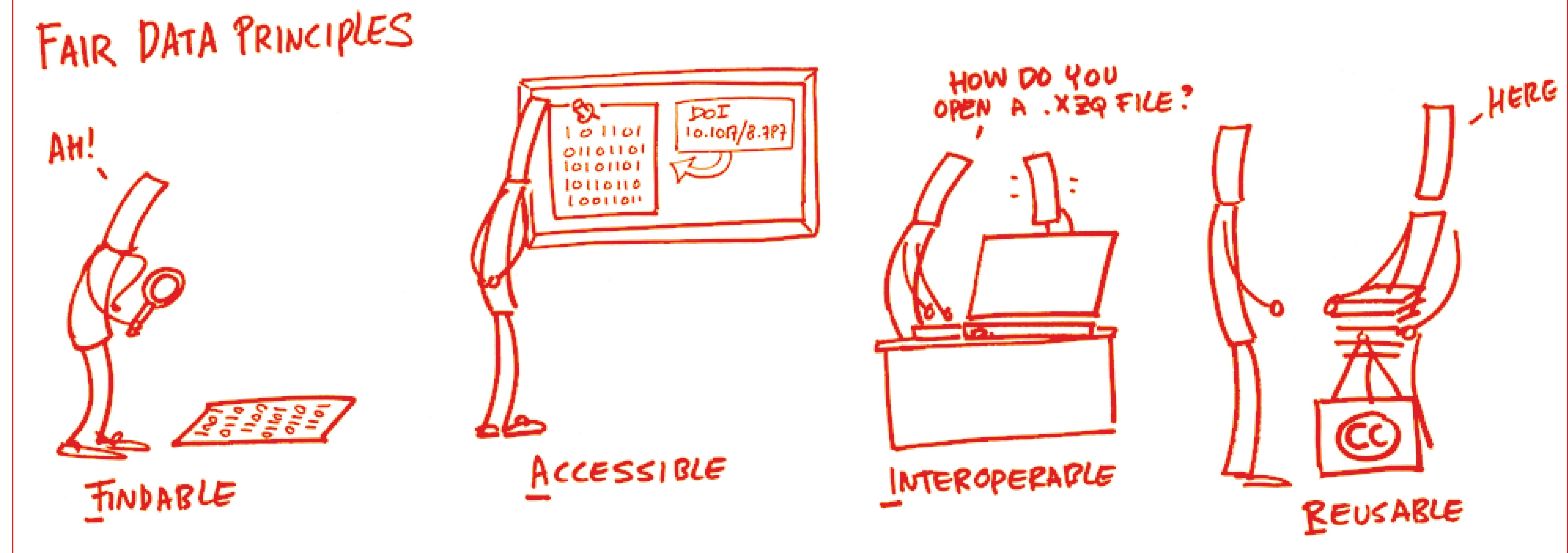
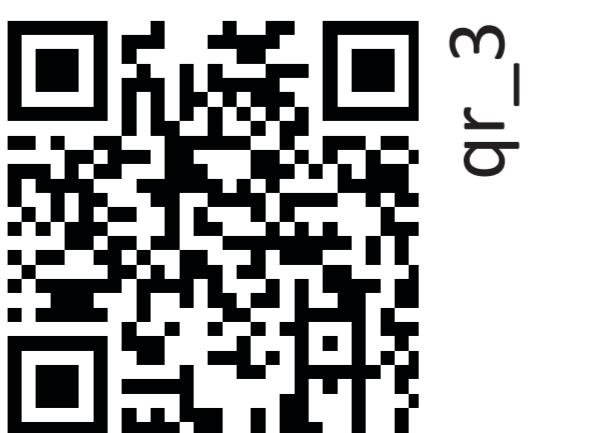


Figure 1. The FAIR Data Principles (<https://book.fosteropenscience.eu/>).



## DISCUSSION

While not in the public domain, PsyCourse data can be re-used by bona-fide researchers world-wide. Accepted research proposals are posted on our website, giving a transparent overview on ongoing research projects. We encourage researchers to collaborate with us!

## REFERENCES

- Budde et al. (2018) A longitudinal approach to biological psychiatric research: The PsyCourse study. *Am J Med Genet B Neuropsychiatr Genet*. DOI: 10.1002/ajmg.b.32639
- Heilbronner et al. (2020). The PsyCourse Codebook, Version 4.1. Open Data LMU. DOI: 10.5282/ubm/data.199.
- Wilkinson et al. (2016) The FAIR Guiding Principles for scientific data management and stewardship. *Scientific Data*. DOI: 10.1038/sdata.2016.18

## GRANTS

TGS: DFG Grants SCHU 1603/5-1 and SCHU 1603/7-1; BMBF Grants IntegraMent and BipoLife; Dr. Lisa-Oehler-Foundation (Kassel, Germany).  
HB: DFG Grants BI 576/5-1 and Research Training Group “Scaling Problems in Statistics” RTG 1644.